

## **After Your Colposcopy Treatment** **(Loop / Laser)**

This leaflet gives information and advice following a loop biopsy (LLETZ) or laser treatment of the cervix.

### **What to expect after a loop biopsy (LLETZ) or laser treatment**

You may have some mild discomfort, like a period pain, for which you can take your usual over-the-counter painkiller.

It is advisable to rest at home for the remainder of the day and to avoid heavy lifting or strenuous exercise for a few days.

You may have a light blood loss or vaginal discharge for three to four weeks (occasionally up to six weeks). It is advisable to wear a sanitary pad as the discharge may stain clothing.

If iodine was used during the treatment, you may have a dark brown discharge for a few days also.

You should avoid having sex, using tampons, swimming or long baths for four weeks after treatment.

### **When to seek further advice**

If you have heavy bleeding (which is not your period), offensive discharge, fever or feel generally unwell, you should contact your doctor or colposcopy clinic. This also applies if you have lower tummy pains which do not improve with your usual over-the-counter painkiller.

### **Will I be seen again?**

Your Colposcopist will inform you of this, usually by letter. After treatment, most women will need a smear six months later and some will have a further colposcopy examination.

### **How do I contact my colposcopy clinic?**

The telephone number and contact person for your clinic is listed below.