

After Your Colposcopy Treatment (Cryotherapy / Cold Coagulation)

This leaflet gives information and advice following cryotherapy (freezing) or cold coagulation treatment of the cervix.

What to expect after cryotherapy, cold coagulation or cautery treatment

You may have some mild discomfort, like a period pain, for which you can take your usual over-the-counter painkiller. You may have some discharge, which may be brown if iodine was used during the treatment.

It is advisable to wear a sanitary pad as the discharge may stain clothing.

You should avoid having sex, using tampons, swimming or long baths for four weeks after treatment.

After Cryotherapy (freezing)

It is common to have a watery discharge, which may be bloodstained. This can last for two to three weeks.

After Cold coagulation

You may have a light blood loss or vaginal discharge for three to four weeks (occasionally up to six weeks).

When to seek further advice

If you have heavy bleeding (which is not your period), offensive discharge, fever or feel generally unwell, you should contact your doctor or colposcopy clinic. This also applies if you have lower tummy pains which do not improve with your usual over-the-counter painkiller.

Will I be seen again?

Your Colposcopist will inform you of this, usually by letter. After treatment, most women will need a smear six months later and some will have a further colposcopy examination.

How do I contact my colposcopy clinic?

The telephone number and contact person for your clinic is listed below.